

# BETTER HEALTH THROUGH PREVENTION

## Cancer and heart screening for firefighters

Firefighters regularly face serious physical and mental risks. Likewise, they are at risk for numerous diseases: heart disease, cancer, chronic respiratory diseases, etc. We quickly screen your team members for any problems that could impact their health and provide results and guidance for follow-up care as medically indicated. **Select one of the following packages, or we can customize one to meet your needs.**

### CANCER SCREENING

30 MIN

- Thyroid
- Abdominal (Liver, Spleen, Gall Bladder, Kidney), and Bladder Ultrasound
- Testicular (males) or Pelvic (external-females)

### CARDIOVASCULAR SCREENING

30 MIN

- Echocardiogram (Valve function, Heart Pumping Ejection Fraction)
- Carotid Doppler
- Ankle brachial Index (ABI)
- Abdominal Aortic Aneurysm (AAA)

### COMPREHENSIVE SCREENING

45 MIN

- Echocardiogram (Valve function, Heart Pumping Ejection Fraction)
- Carotid Doppler
- Abdominal Aortic Aneurysm AAA
- Thyroid
- Abdominal (Liver, Spleen, Gall Bladder, Kidney), and Bladder Ultrasound
- Testicular (males) or Pelvic (external-females)

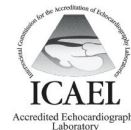
### CUSTOMIZED SCREENINGS



- Online Registration/Scheduling
- Promotional materials provided
- Comprehensive screening services are provided on site, and are accessible at fire stations and union halls.
- Licensed Healthcare Provider follow up on the abnormal findings/results sent to PCP
- Confidential reports provided to each participant
- Aggregate report provided to host



NDS is accredited, ensuring quality oversight.



QUESTIONS? Contact Carol Kraniak at [CKraniak@ndswellness.com](mailto:CKraniak@ndswellness.com)