

# NDS

Education • Prevention • Health

# AT-WORK EXPRESS BIOMETRICS + TELEHEALTH PROGRAM

15  
min

Employees get a snapshot of their health in just 15 minutes in the **NDS HeartMobile clinic** that comes to your workplace.



## Personalized Health Review and Action Plan through Telehealth

After the biometrics visit, employees book a 30-minute telehealth visit with a licensed NDS medical provider at a convenient time (evenings included) to review health history, results, and get recommendations / referrals for follow-ups.



## Full Service Delivery, Customized to Your Company's Needs

NDS takes care of everything from start to finish, including promotion of the visit, scheduling, full delivery of the mobile health clinic (including NDS-employed staff and medical providers).

EMPLOYEE HEALTH +  
BIOMETRICS ON-SITE AT  
WORK IN JUST

**15 MINUTES**

**40 Panel Blood Work**  
(customized Blood Panels available)

**12 lead EKG**

**Vitals Collection**

**Health History Review**

**TELEHEALTH REVIEW OF  
RESULTS AND ACTION PLAN  
SCHEDULED AT EMPLOYEES'  
CONVENIENCE**

## ADDITIONAL INCLUDED SERVICES

**Aggregate Report Provided**  
"Big picture" report of the health of employees  
- individual results are private to each  
employee

**Age-Appropriate Screening Information  
Available**

**Referrals provided to area providers for  
those without a primary care provider**



**FOR MORE INFO**

888-267-4786

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